

## SOUPS & STARTERS

- Tomato & Celery Gazpacho** ✓ R45  
made the traditional way – freshly blended tomato, apple, celery, a hint of chilli and garlic. served with lightly toasted french slice
- Chicken Tom Kha Soup** R55  
classic chicken and coconut milk soup is full of rich and dynamic thai flavours - lime juice, lemon grass, coriander & ginger served with lightly toasted french slice.
- Jalapeno Chilli Poppers** ✓ R48  
stuffed with cream cheese and served with a yoghurt dip
- Vegetable Spring Rolls** R50  
paired with a sweet chilli sauce
- Camembert Wedges** ✓ R58  
crumbed camembert wedges, flash fried and served with a tangy wild berry sauce
- Smoked Ostrich Carpaccio** R58  
thinly sliced ostrich carpaccio served with fresh rocket greens and drizzled with lemon basil pesto
- West Coast Mussels** R60  
fresh west coast mussels steamed open and drenched in a creamy garlic and white wine sauce served with lightly toasted french slice

✓ *Vegetarian Friendly*

**Free wifi** – ask your waitron for password  
Be sure to ask for your **Arnold's Loyalty Card**



## FRESHLY TOSSED SALADS

### Greek Salad ✓

tossed mixed greens topped with cucumber, cherry tomatoes, peppers, feta and olives accompanied by our signature vinaigrette dressing.

R58

### Arnolds Salad

allow us to dazzle you with our arnolds salad topped with crispy bacon, feta cheese, cherry tomatoes, sliced avocado, peppers and served with toasted french slice and vinaigrette dressing

R65

### Chicken Caesar Salad

grilled chicken breast slices served on a bed of cos lettuce accompanied by parmesan sprinkles, poached egg, toasted croutons and a caesar dressing

R70

### Tuna Nicoise Salad

a classic salad made with a generous portion of fresh grilled tuna, boiled egg, a scattering of olives, cherry tomatoes, baby potato and string beans.

R75

## PASTA

*The secret to an excellent pasta dish begins with the finest ingredients prepared as freshly as possible just before serving. All served with grated parmesan cheese*

### Vegetarian Fettuccini ✓

fettuccini tossed with mushrooms, olives, baby marrow, cherry tomatoes and a pesto sauce

R90

### Bolognese Sauce

fettuccini smothered in beef bolognese sauce

R94

### Arnolds

fettuccini tossed in a cream based bacon, mushrooms and red pepper sauce – the way it should be.

R96



# BURGERS

*We use only the finest quality ingredients to hand make all our burger patties daily which are served on sesame seed crusted buns. All burgers are grilled to medium consistency and are served with Lettuce, Tomato, Onion, Gherkins and Shoestring Fries*

## Select your serving preference:

- Traditional** - sesame seed crusted bun, lettuce, tomato, onion & gherkins
- In-A-Bowl** - your favourite burger nestled in an iceberg lettuce bowl
- Mushroom** - swop the sesame seed crusted bun for brown mushroom caps

### Chicken Burger

our 180g boneless chicken breast seasoned and grilled to perfection

R75

Dbl-up @ R90

### Ostrich Burger

180g pure ostrich - the healthy alternative.

R75

Dbl-up @ R95

### Arnolds Stuffed Beef Burger

180g gourmet pure beef patty, stuffed with cheddar, feta, jalapeno chillies and topped with crispy bacon and guacamole

R90

### WAGYU

200g pure Wagyu - the caviar of beef! Wagyu patty topped with a poached egg and drizzled with hollandaise sauce

R120

### Additional Sides / Extras:

rocket, baby spinach, tomato, onion, peppadews, chilli, 2 eggs

R14

avocado, sautéed mushrooms, mozzarella & cheddar cheese, feta, bacon

R18



## SEAFOOD & POULTRY

### **West Coast Mussels**

R 120

fresh west coast mussels steamed open and drenched in a creamy garlic and white wine sauce. served with lightly toasted french loaf slices

### **Calamari Tentacles**

R 120

lightly dusted squid heads, flash fried to perfection, served with homemade tartar sauce and shoestring fries

### **Line Fish**

R 125

local sustainable fresh line fish, dusted in lemon and sea salt, served on a bed of seasonal vegetables with homemade tartar sauce.

### **Grilled Tuna**

R 150

fresh grilled tuna, decked with a tomato, celery, onion, coriander and lemon relish served on a bed of garlic mash

### **Seafood Platter**

R 190

indulge in our celebration of seafood. line fish, west coast mussels, calamari tentacles and 6 grilled prawns, paired with an assortment of sauces and shoestring fries

### **North African Chicken Curry**

R 120

mild coconut milk based curry filled with succulent chicken breast strips and served with garlic mash

### **Chicken Breast Fillet**

R 115

Grilled tender chicken breast nestled on a bed of baby spinach. Served with garlic mashed potatoes, and drizzled with mushroom sauce

### **Additional Sides / Extras**

Rocket, baby spinach, tomato, onion, peppadews, chilli, 2 eggs

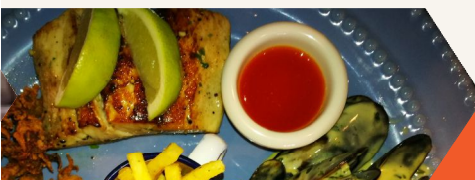
R 14

Avocado, sautéed mushrooms, mozzarella & cheddar cheese, feta, bacon

R 18

Side game meat (100g), 250g warthog ribs

R 65



## CHARGRILLED MEATS

<b>Sirloin Steak and Chips</b> chargrilled sirloin of beef served with a peppercorn sauce and shoestring fries	150g 250g	R 140 R 170
<b>Beef Fillet on Mushroom</b> grilled beef tenderloin stacked with mushrooms, topped with rocket, feta sun-dried tomatoes & basil pesto, served on a bed of garlic mashed potato	150g 250g	R 160 R 190
<b>Ostrich Steak</b> 200g tender ostrich steak served medium with a green peppercorn sauce, shoestring fries and seasonal vegetables		R 140
<b>Oven Roasted Lamb Shank</b> karoo lamb shank slow roasted and served with a red wine jus, sour cream mashed potatoes and fresh seasonal vegetables		R 170

## SOUTH AFRICAN GAME MEATS

<b>Crocodile Tangine</b> Moroccan style sweet and sour mild curry based tangine served with yellow rice		R 170
<b>Warthog Rib</b> smoked warthog ribs cooked to perfection and served with Shoestring potatoes		R 185
<b>Gemsbok Wellington</b> wrapped in bacon, mushroom duxelle and served medium rare with a red wine jus and seasonal vegetables.		R 190
<b>Kudu Loin</b> Africa's pride – grilled kudu loin rolled in cumin and sea salt to draw out all the flavour, served with a wild berry sauce, garlic mashed potatoes and seasonal vegetables		R 190
<b>South African Game Platter</b> 4 cuts of game from our African plains grilled and presented in Arnolds unique way. The dish that made us famous!		R 240





## SOMETHING SWEET

- Vanilla Ice Cream** R35  
with your choice of a fresh berry coulis or rich chocolate sauce
- Mini Crème Brulee** R38  
always a classic, enjoy every melting moment
- Banana Split Sundae** R42  
fresh banana & a generous scoop of strawberry, chocolate & vanilla ice cream topped with chocolate sauce, whipped cream and shaved almonds
- Eton Mess** R48  
broken meringues with dollops of fresh cream and layered with tangy berry compote creating a textural and taste explosion with every mouthful
- Warm Apple Crumble** R48  
served with a decadent Amarula Cream
- CAKE SELECTION** R48  
**Bar One Chocolate Cake**  
**Seductive Red Velvet**  
**New York Style Cheesecake**
- Dom Pedro** R45  
select from any of the following: Whiskey, Kahlua, Amarula, Frangelico, Peppermint
- Irish Coffee** R45  
select from any of the following: Whiskey, Kahlua, Amarula, Frangelico, Peppermint



## WELCOME TO ARNOLD'S!

Arnold's has won more friends than any other restaurant in Cape Town and enjoys wide acclaim for our stunning breakfasts, fast and friendly service, and our "walk on the wild side" main course selection of dishes. Founded in 1998 and located opposite the historic Mount Nelson Hotel in Kloof Street, Arnold's has an outdoor seating area with views of Table Mountain and a warm and relaxed dining area.

Enjoy a variety of five different types of game - probably the best in Cape Town - fresh seafood, homemade pasta, healthy salads and all day breakfasts in a relaxed and friendly atmosphere in the hub of Cape Town. At Arnolds we serve you great quality, excellent value meals from early till late - 364 days per year!

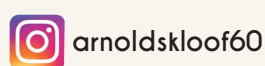
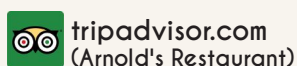
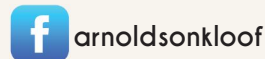
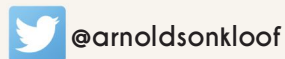
Our Chef, Carol, and hosts - Tendai, Kurt and Sergio - welcome you to Arnold's. Enjoy the experience!



**Opening hours:** Mon to Fri - 6:45 till late  
Sat, Sun & Public Holidays - 08:00 till late

Arnolds Restaurant 60 Kloof Street Gardens Cape Town  
bookings: 021 424 4344 / [manager@arnolds.co.za](mailto:manager@arnolds.co.za)

We love receiving your valuable feedback, your comments are appreciated



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